### ASSOCIATION OF COMMUNITY HEALTH COUNCILS FOR ENGLAND AND WALES

#### ANNUAL GENERAL MEETING 11/13 JULY 1990

## WORKSHOPS/SEMINARS

#### THURSDAY, 12 JULY (4.30 - 6.00 p.m.)

### 1. RESEARCH ETHICS COMMITTEES

This Workshop focuses on ethics in medical research and aims to elucidate the character of Ethical Review. It asks whether Ethical Review Committees as presently operating are satisfactorily realising their objectives. It will also examine reasons for failure and explore various remedies for current short-comings. Finally it will raise the important question of the scope of Ethical Review, and ask whether clinical practice should also come under the purview of Ethical Review Committees.

Donald Evans is Director of the Centre for the Study of Philosophy and Health Care, situated in Swansea.

#### 2. WHAT ARE THE NEEDS OF CARERS?

"Everyone thinks another carer is worse off than they are. All carers find it very difficult to accept help..." This Workshop will discuss support for carers through the medium of a particular Carer's Group based in Yorkshire. This Group supports carers whose relatives are both elderly and disabled. It provides a forum for them to talk over problems experienced and to learn from the discussion how other carers have coped with different situations. The Group also provides practical support in the form of giving information about benefits and services available to them, as well as advice on diet and exercise for those they care for.

Molly Jones has led a Group for the Carers of elderly and disabled relations for 6 years. the Yorkshire area.

### 3. CONSUMER STANDARDS IN CONTRACTS

It is the Government's intention that contracts for health care will be the new vehicle for setting standards and raising quality. In order to make a positive contribution to the standard setting process, it would be helpful for CHCs to formalise checklists of the quality indicators they would wish to see in contracts.

Following on from ACHCEW's publication "Contracts for Health Care - Making Them Work for Patients", these two Workshops are designed for CHCs to contribute to the development of a range of consumer standards.

The aim of the first Workshop (Thursday) is to develop general standards based on the existing consumer criteria of ACCESS, INFORMATION, CHOICE, SAFETY and REDRESS, which could be applied to a range of services.

The aim of the second Workshop (Friday) is to look specifically at consumer standards in maternity services.

Both Workshops will be restricted to 25 delegates as they will be "working" rather than "learning" Workshops.

Suzanne Tyler is the Development Officer of ACHCEW.

# 4. HEALTHY CITIES - THE TYNESIDE EXPERIENCE

This is a participative Workshop to explore what makes a city a healthy place to live in. The Workshop will define determinants of good and ill health and try to find some "cures". The aim is to explore the widest concept of health and show practical examples of issues like "intersectoral collaboration" - people from all areas working together and "vision groups" - what is the best thing that could happen to your community?

The Newcastle experience will show that CHCs have a key role in facilitating this process.

This Workshop is restricted to 30 participants.

Kevin Bellis and Ian Webb are the Secretaries of Newcastle and South Tyneside CHCS respectively.

# 5. NURSE PRESCRIBING

This Workshop will describe briefly the contents of the Government Report on Nurse Prescribing and how the Report came about. It will outline the responses to the Report from the Royal College of Nursing and the Professions and will particularly emphasise the benefits to the patient.

Derek J Dean is Director of the Department of Nursing Policy and Practice at the Royal College of Nursing.

### 6. THE HEALTH CONSPIRACY

The theme of the Workshop will be the relationship between patients, doctors, government and the pharmaceutical industry and how this determines the provision of health. Particular points to be

considered will be the role and motives of the pharmaceutical industry, public attitudes towards medicines as the providers of health, the dual role of ministers of health as controllers of drug availability yet sponsors of the industry, the doctor/patient relationship and prescribing, and role of patients in the formulation of health policy.

Joe Collier is a Senior Lecturer and Honorary Consultant in Clinical Pharmacology at St George's Hospital in South West London. In 1989 he published "The Health Conspiracy"- a book on the politics of drug use.

## 7. HEALTH PROMOTION: CHALLENGES FOR THE 1990s

This workshop will explore some of the issues facing CHCs and health promotion in the 1990s. Particular attention will be paid to the challenges made by the White Paper relating to managing health promotion services through the contracting process.

Issues of interest for CHCs may include:

- nature and level of the health promotion service.
- what measures of quality should be applied.
- what means of monitoring should be used.
- how the public can be best served by this process.

The role of CHCs in this process will be explored.

Joyce Abbatt is Health Education Authority's Liaison Officer in Yorkshire.

#### FRIDAY, 13 JULY (9.00 a.m. - 10.30 a.m.)

#### 8. PRISON MEDICAL SERVICES

The Prison Medical Service is the longest established medical service in the country. It is independent of the National Health service but also to a considerable extent dependent upon it for resources.

Full-time prison doctors are members of the Medical Civil Service, but almost half of the 120 or so prisons are managed by General Practitioners.

Rosemary J Wool is Director of the Prison Medical Services. She has a background of general practice and psychiatry in addition to 14 years in prison medicine.

# 9. THE WORK OF THE COURT OF PROTECTION AND THE PUBLIC TRUST OFFICE; FINANCIAL MANAGEMENT FOR PATIENTS

If a person is incapable, by reason of mental disorder, of managing and administering his or her property and affairs, the Court of Protection can appoint someone else (a "receiver") to act on his or her behalf. Alternatively, while he or she is still capable, an enduring power of attorney can be created nominating someone to act, and this can last after incapacity.

Where an incapable person's only income is social security benefits, it may be possible to avoid the need for a receiver or an attorney by obtaining authority from the DSS for someone to act as appointee.

These topics will be discussed by Mrs A B Macfarlane, the Master of the Court of Protection, who will also show a video ("Caring for Linda") explaining the work of the Court and the Public Trust Office.

# 10. WHEN THE LONG-STAY BECOMES THE SHORT-GO

This Workshop will try to share and explore experiences when a long-stay hospital in your District is being quickly run down. North West Herts CHC has 4 long-stay hospitals in its Health District. We have had to deal not only with ward closures but also proposed hospital closures. If you have had experience of or are facing the same problems we should be pleased to hear from you at the Workshop.

Mrs Linda Bose is the Chair of the Mental Handicap Services Working Group of North West Herts CHC.

## 11. ADVOCACY

Advocacy is a way of helping people to have some say in their lives, and to be involved in making decisions about their lives.

This Workshop will concentrate on Citizen Advocacy for people with learning difficulties and be an opportunity to share experience. Contributions from other CHCs involved in advocacy schemes, whether people with learning difficulties or with other disadvantaged groups will be very welcome.

Barbara Robinson is Secretary to Calderdale CHC.

Mandy Forrest is Secretary of Sheffield CHC and has had experience as Coordinator for Sheffield Advocacy. She is now Chairman of their Management Committee.

# 12. BLACK & ETHNIC MINORITY COMMUNITIES and MENTAL HEALTH SERVICES

This workshop will cover the following:

- Discussion of the terms Race, Culture and Ethnicity.
- Diagnosis, compulsory treatment and psychotherapy.
- Background to race and culture in psychiatry.
- Danger of stereotypes.
- Provision of services in a multi-racial society.

Dr Suman Fernando is from the Department of Psychiatry, Chase Farm Hospital, Enfield.

## 13. CONSUMER STANDARDS IN CONTRACTS

Please refer to the notes for Thursday 12 July 1990.

## 14. CONTINUING CARE

This Workshop will include a brief survey of the concept of hospice care and a description of the way the service has developed in West Glamorgan.

<u>Dr Peter Griffiths</u> is Medical Director of Ty Olwen Continuing Care Unit in Swansea.

## 15. TRENDS IN DENTAL HEALTH

This workshop aims to discuss the following:

Trends in dental health

- dental caries in children
- changing needs of elderly people

Implications for the dental services

- General Dental Services and the new contract
- the role of the community dental services
- prevention and health promotion

Tom Dowell is Specialist in Community Health at the Bristol and Weston Health Authority.