

# Part H

## Preparing for user involvement in research and development

## A summary of Part H

### Why is Part H important?

This part is designed for participants who have been invited to or identified a user involvement opportunity in research and development that they want to take. In this part participants review the top tips that support positive user involvement in research and development work. They focus on getting ready for the user involvement activity they want to join, and the real and practical issues that they will need to negotiate.

**Only** choose this Part H if your participants have a clear idea about what they will be doing and have a link or support person that they are working with to discuss and clarify this. That person may be a health and social service researcher or an experienced user/carer researcher.

### What will participants learn by doing Part H?

At the end of this part participants will be able to:

- Discuss the top tips that support positive user involvement in research and development work - Activity 1
- Negotiate the research and development role they want to have and support they need from their service - Activity 2

## Skills participants will strengthen or develop

Skills that participants will strengthen or develop include:

- Level 2: Further practice with thinking about issues
- Level 2: Further practice with setting goals
- Level 3: Demonstrate ability to think about case examples
- Level 3: Demonstrate ability to plan what to do next

## Background information

The background information provides trainers with additional information that prepares them for issues that may be discussed during the training.

### Putting it into practice

In Part H your main role is to support participants in putting all the pieces together. The group work task in Activity 2 helps them take what they have learned about research and development activity in the different parts of Unit 5 that they have done, and combine it with what they learned in the Core Units, particularly Units 2 and 3.

The table on the next page matches the questions they need to answer with the areas in the training and facilitation resource where this was discussed. You may want to personally review these units or parts, particularly the Background Information sections and Activities listed.

#### TOP TIP

Remember that in Parts B through G on each stage of the research and development cycle, participants have considered the practical issues that relate to that stage. Suggest that they draw on the notes that they took for that Activity during Part H: Activity 2.